

WINTER TERM

EXCITING NEWS!!!!



We are performing at ... The Tide of Light Festival on the 5th November.

All children who do our dance, ballet and musical theatre classes are invited to perform at the Tide of Light Festival on the 5th November.

What time do I need to be there? - Please be at the main stage (South Street) for 5pm.

Where are we performing? - The main stage in Worthing town centre.

What time are we performing? - we have been invited to perform for 30 mins so we will be on stage from 5.30 - 6pm.

What do I need to wear? All children must wear black clothing.... Girls must wear their hair tied back and have a black leotard, this includes black socks and black shoes preferably dance shoes.

Does hair and makeup need to be done before the performance? Yes, please ensure your child has foundation, eyeliner, mascara and a natural lipstick (2 shades darker than normal lip colour not red or purple). We will be adding neon body paint to their faces, please let us know in advance if you do not wish them to have this.

Wear a Onesie for World Diabetes Day

On Saturday 18th November, we will be fundraising for JDRF (Juvenile Diabetes Research Fund) and Dynamic. We are inviting our students, staff & parents (if you would like to support us too) to wear a onesie to Dynamic for a donation of £1.00. As you are all aware JDRF is a charity close to our hearts and we wish to continue to support this excellent cause by fundraising to help find a cure for Type 1 Diabetes. If you would like to know more please speak to Shelley or Helen.

Do you know the signs to look for in your child? Some of the most noticeable and most common symptoms of Type 1 Diabetes are the 4Ts:

- Excessive thirst
- Unusually high levels of urination
- Feeling tired all the time
- Loss of muscular bulk and unexplained weight loss

Christmas party

On the 9th December, we shall be having a Christmas party so feel free to bring nibbles (no nuts please) where there will be music and guests. The children will also be performing and receiving awards for their hard work of the term. A small donation is welcomed per child of £2 pound this is to raise money for Dynamix workshops.

WATCH THIS SPACE

We are planning a charity evening at a local restaurant, the cost of the ticket per person is currently being planned. The ticket cost will be for a 3-course meal and entertainment including guest appearances from our Dynamix Kidz. There will also be a lucky ticket draw for a small gift.



Key Winter Term Dates

- 4th November - Worthing Thunder Dancers Game - Worthing Sports Centre 5:30pm
- 5th November - Tide of Light Festival (5pm start Worthing)
- 11th November - LAMDA Examinations- Haywards Heath
- 18th November - Wear a Onesie for World Diabetes Day (£1.00 donation)
Worthing Thunder Dancers Game - Worthing Sports Centre 5:30pm
- 25th November - Worthing Thunder Dancers Game - Worthing Sports Centre 5:30pm
- 2nd December - Carols at the Care Home in Shoreham (more info coming)
Worthing Thunder Dancers Game - Worthing Sports Centre 5:30pm
- 9th December - Last day of term for Christmas (Christmas party £2.00 donation)
- 16th December - Over the Moon Festival (more info coming)
Worthing Thunder Dancers Game - Worthing Sports Centre 5:30pm
- 17th December - Carols for St Barnabas House Hospice, Holmbush Shopping Centre 1:30 - 3:30pm